

# Parenting plan guide

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Learn about parenting plan court orders: how to get one, what it covers, what evidence the judge considers, what happens after you have one.

## 1. Fast facts

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### Fill out forms online

- [Parenting Plan](#)

A Parenting Plan is a court order that says who has the right to spend time with and make decisions for a child. It will include:

- Which parent the children will live with most of the time (custody)
- How much time the children will spend with each parent
- Who will make major decisions about the children, including school and medical care
- How the parents will work out major disagreement about the Parenting Plan
- If there are serious safety concerns, the Parenting Plan can include restrictions (limitations) on a parent

Washington courts generally don't use the words custody and visitation. They talk about the **residential schedule** and **decision-**

*making authority* for the children.

## How can I get a Parenting Plan?

A judge will order a Parenting Plan as part of a family law court case such as:

- Divorce
- Petition for a Parenting Plan (for unmarried parents after parentage is decided)
- Petition to Change Parenting Plan

“Judge” here refers to judges and court commissioners.

Someone who is **not** a legal parent can't get a Parenting Plan.

- If you believe you are a parent but you're not legally recognized as one, you must first establish legal parentage before getting a Parenting Plan.
- If you want custody of a child and you're not the child's parent, you may get a court order called a Residential Schedule as part of a minor guardianship case. Before 2021, this was called non-parent custody.
- If you're a relative who wants the legal right to visit with a child, you can petition the court for non-parent visitation rights.

## When do I file a Parenting Plan?

You can file a Parenting Plan form at different stages of your family law case:

- **Beginning** – with your petition or response
- **Middle** – with a motion for temporary orders
- **End** – with your final orders

You can fill out a Parenting Plan form as a proposal, an order, or an agreement.

- **Proposal** – A Parenting Plan proposal tells the other parent and the judge what you want.
- **Order** – A judge signs a Parenting Plan order after making a decision at a temporary orders hearing or trial. If the judge has already made a decision, you must fill out the Parenting Plan order to show the judge's actual

decision, even if it is different from what you asked for.

- **Agreement** – If you and the other parent agree, fill out the Parenting Plan to show the agreement you made. If you both sign the Proposal and Order versions of the plan, the judge will most likely approve it.

Answer a few questions on **Get Family and Safety Forms** to get the right forms for your situation.

You must have a copy of your proposed Parenting Plan and related papers delivered to (served on) every other party in the case. There are different rules for serving papers to start a case , and serving papers after a case has started.

## What's the difference between a temporary and a final Parenting Plan?

Family law cases can take many months from start to finish. Temporary orders, including temporary Parenting Plans, put rules in place for the short-term while the case is in progress. The final Parenting Plan, which the judge makes to end your court case, is meant to be permanent, or at least to cover a much longer period. Because of that, it's easier to change temporary orders than it is to change final orders.

## ( )Can I get a Parenting Plan in Washington State?

It depends. Washington may not have the legal authority (jurisdiction) to make a Parenting Plan if:

- Your children live in a different state
- The children haven't been living in Washington for at least 6 months
- Another state has already made an order about the children

If any of these describes your situation, try to talk to a lawyer before trying to file for a Parenting Plan in Washington State.

## Will the judge approve my Parenting Plan?

It depends:

- **If you and the other parent agree on a proposed Parenting Plan:** the judge will usually approve it.
- **If you and the other parent disagree:** the judge will decide on a Parenting Plan after hearing or trial. The judge will look at many things when deciding, most importantly what's in the children's best interests. See Chapter 2: Who gets custody?

## 2. Who gets custody?

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In Washington, a Parenting Plan doesn't award **custody**. Instead, it has a **Parenting Time Schedule** that says when the children will live with each parent. If the parents don't agree on a schedule, the judge will decide one in the children's best interest.

**First** the judge must consider if either parent has serious problems that affect the children.

**Examples:** abandonment, neglect, abuse, domestic violence, sex offense, drug or alcohol abuse, emotional, physical, or other problems.

For certain problems, the judge **must** limit a parent's time with the children. For other problems, the judge **may** set limits. See Chapter 3: Limitations and restrictions.

**Next**, the judge considers the children's relationship with each parent. This is the most important factor. The judge will probably order that the children live with the parent with whom they're most closely bonded. The judge will also consider:

- Agreements the parents have made
- Each parent's past and future potential for taking care of the children
- Each child's emotional needs and developmental level
- The children's relationships with siblings and other important adults, the children's involvement with school, and the children's activities and community
- The parents' wishes

- A mature child's wishes—usually a teenager
- Each parent's work schedule

The judge **shouldn't** look at which parent earns more or if a parent is going to remarry.

### Can I ask for a Parenting Plan that gives us joint custody?

It depends. Washington judges don't automatically make final Parenting Plans that split custody 50/50. Under state law you must meet these requirements:

- There are no legal reasons for the judge to limit either parent's time with the children **and**
- You've both agreed to the schedule **or**
- You have a history of cooperation and shared parenting, **and** live close enough **and**
- Joint custody is in the children's best interests.

Even if you meet these requirements, you might want to talk to a lawyer (<https://wlh.netlify.app/en/get-legal-help>) about joint custody before agreeing to it or asking for it in a Parenting Plan. Joint custody requires a real commitment from both parents to work together regularly.

## 3. Limitations and restrictions

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If you believe the other parent may harm the children (or harm you), you can ask the judge to limit the other parent's time with the children. Limitations are covered in **Attachments A and B** of the Parenting Plan form.

### Reasons to put limitations on a parent

() Generally, the judge **must** limit a parent's time with their children if that parent has engaged in any of these, or lives with someone who they know has engaged in any of these:

- Long-term willful abandonment of the children or the parent substantially refuses to care for the children.
- Physical, sexual, or a pattern of emotional abuse of children.
- A history of domestic violence, or an assault or a sexual assault causing serious bodily harm or the fear of it.
- Sex offense or sexual abuse of a child.

The judge **may** limit a parent's time if they find any of these:

- The parent has neglected the children or hasn't cared for them.
- The parent has a long-term emotional or physical problem interfering with their ability to take care of the children.
- The parent has a long-term substance abuse problem interfering with their ability to take care of the children.
- The parent and children have no emotional bond or a seriously damaged emotional bond.
- The parent has engaged in the abusive use of conflict, meaning they've misused conflict in an ongoing and deliberate way. This could include:
  - Repeated, bad faith violations of court orders
  - Credible threats to harm the other parent, or to harm friends, family, or professionals who are helping the other parent
  - Using the child in conflict
  - Abusive use of the court system
- The parent has denied the other parent contact with the children for a long time without good reason.

A parent denying contact because they're trying to protect themselves or the children from the harm the other parent poses is taking **protective action**. This is good reason to deny contact.

()If the judge finds reason to limit a parent's time with the children, in most cases, the judge won't give that parent custody. A judge could order many other restrictions.

## Limitations (restrictions)

The Parenting Plan can restrict a parent in any way you could reasonably expect to protect the children and, depending on the situation, the parent who has the children most of the time.

For example, the judge can require the restricted parent to see the children only when **supervised by a professional supervisor**. The judge must include clear written rules for the supervised parent to follow in **Attachment C** of the Parenting Plan. The supervised parent and supervisor must sign an Acknowledgment that they've read and agree to follow the parenting plan and Attachment C.

If the restricted parent can't afford a professional supervisor or can't get a supervisor for other reasons, such as they live too far from such resources, the judge may allow a lay person to supervise visits if they can prove they'll be able to protect the children.

If the supervised parent breaks (violates) the parenting plan or rules in Attachment C, or the supervisor can't or won't supervise that parent anymore, the other parent can get an immediate restraining order to stop (suspend) visits until the judge can review the situation.

**Other common restrictions** include:

- Be evaluated for domestic violence, substance abuse, mental health, or anger management issues, with input from the other parent.
- Complete domestic violence, substance abuse, or mental health treatment, or anger management.
- Take random drug or alcohol tests.
- Complete a parenting class.
- Get counseling or take any physician-prescribed medication for their mental health condition.
- Complete a sexual deviancy evaluation.
- Stop interfering with the other parent's contact with the children.
- Stop causing conflict or picking fights with the other parent for no good reason.

In some serious cases, if nothing else will protect the children, a judge may order that a parent has no contact with the children.

## **Sexual abuse**

Generally, a judge must order no contact with the children if a parent has been found to be a sexually violent predator (<https://app.leg.wa.gov/RCW/default.aspx?cite=71.09>) or if a judge found the parent sexually abused a child (their own or others). The sexual abuse finding

could be a criminal conviction or a civil finding in any family law or dependency case, including the parenting plan case.

If a parent lives with someone who is a sexually violent predator or who sexually abused a child, the court generally must order no contact in the presence of that person.

Once a judge has found sexual abuse, they must follow very strict rules before allowing contact.

If there are sexual abuse issues in your case, talk with a lawyer.

## 4. Limitations on both parents

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The judge may find reasons to put limitations on both parents in a parenting plan. When this happens, the judge must make **detailed written findings** about what's in the children's best interest and issue a parenting plan that best maintains the children's emotional growth, health and stability, and physical care. Normally, this would mean not changing the existing arrangement between each parent and the children.

When comparing the risks each parent poses to the children, generally the judge must take the mandatory reasons for limitations more seriously (abandonment, child abuse, domestic violence, assault, sexual abuse).

## 5. Decision-making

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Either parent can make **emergency decisions** about the children and can make day-to-day decisions when the children are in that parent's care such as what the children will eat, or who will babysit the children.

A Parenting Plan will say if one or both parents can decide **non-emergency decisions**, such as where the children will go to school, which doctors the children see, and when the children get medical care. But the judge must order that **only one parent can make these decisions** if certain limiting factors apply



to the other parent, or if neither parent wants joint decision-making.

The judge **must** order sole decision-making to one parent when they find the other has engaged in any of these:

- Long-term willful abandonment of the children or the parent substantially refuses to care for the children.
- Physical, sexual, or a pattern of emotional abuse of children.
- A history of domestic violence, or an assault or a sexual assault causing serious bodily harm or the fear of it.

If any of these are true and the judge wants to order shared decision-making anyway, the judge must make **written findings of the clear and convincing evidence** that persuaded them not to limit decision making.

The judge **may** order sole decision-making to one parent if both parents are against shared decision-making, or one is against it, and the judge finds there are good reasons for this.

You can include other types of decisions in your Parenting Plan that are important to your family. For example: extracurricular activities, international travel, cell phones, driver's licenses, tattoos, or haircuts.

**Religious upbringing:** Unless the judge decides that exposure to a parent's religious views may harm the children, the judge should let each parent give the children the religious instruction the parent chooses while the children are with that parent. This isn't "joint" decision-making. It's each parent making decisions on that parent's time and not interfering with the other parent's decisions.

## 6. Disagreements

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The Parenting Plan asks you to choose a way to solve future disagreements about what it says or means. You can go back to court or choose "Alternative Dispute Resolution (ADR)." ADR means alternatives to court, including counseling, mediation, and arbitration. ADR can help you solve disagreements without going back to court.

If your Parenting Plan says ADR is required, you must try ADR before going to back court over a disagreement.

You can always go back to court to solve a disagreement if ADR doesn't work, or if it's not required.

The judge should **not** require ADR if any of these are true:

- A limiting factor applies to a parent.
- The parents can't take part in dispute resolution equally.
- One of you can't afford alternative dispute resolution.

## ADR choices

If you choose **counseling**, you'll typically meet with a mental health professional who will use counseling techniques to help resolve your disagreement.

If you choose **mediation**, you'll meet with a mediator. A mediator is a neutral third party who may be a lawyer, retired judge or court commissioner, or mental health professional. The mediator will try to get you to come to an agreement.

If you choose an arbitrator, you'll meet with a neutral third party (a lawyer, or retired judge or court commissioner) who may try to help you reach agreement, but who will make a decision you both must follow if you cannot.

If the Parenting Plan calls for **arbitration**, you can file a motion with the court asking for a review of the arbitrator's decision.

You must usually pay a counselor, mediator, or arbitrator. It can cost a lot. But ADR can help you avoid the stress, expense, and unpredictability of court.

## 7. Enforcement

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Once the judge signs a Parenting Plan, it becomes a court order. Both parents must follow it. **For example**, you may not refuse to allow the other parent to see the children just because that parent hasn't paid child support.

If the other parent doesn't let you see the children when you have the right to, the judge may find the other parent in "contempt." The judge could order make-up

visitation time, jail time, fines, or some other type of punishment. Depending on which part of the parenting plan you don't follow, you might even face criminal charges for custodial interference.

**Beware:** If you have custody, and a judge finds you in contempt more than once in a 3-year period, the judge might give the other parent custody.

You might be able to avoid contempt or criminal charges if you have a good excuse for not following the parenting plan. **For example**, if following the order would cause you or the children serious harm, that would be a good excuse. Even then, you can't simply refuse to follow the court order. You must return to court to ask for changes to the order.

If you don't want to follow part of a Parenting Plan, you should get the other parent's written permission not to. If that doesn't work, you should contact a lawyer. You might be able to file a motion or petition to change your parenting plan.

Answer a few questions on Get Family and Safety Forms to get the right forms for your situation.

## 8. Changes

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A Parenting Plan can be hard to change after a judge signs it, especially if it's a final Parenting Plan. But it is possible. You must go through a court process to change your Parenting Plan.

- If the parents **agree** to the change, a judge will usually, but not always, change a Parenting Plan, whether it's temporary or final.
- If the parents **don't agree** to change a **temporary** Parenting Plan, you can usually file a motion for new temporary orders.
- If the parents **don't agree** to change a **final** Parenting Plan, you can file a petition to change parenting plan. A judge may make **major changes** such as custody only if a major change has taken place in the children's or other

parent's life since the judge signed the original parenting plan. It's not enough that the parent wanting the change thinks their life has gotten better and should now have custody.

Answer a few questions on [Get Family and Safety Forms](#) to get the right forms for your situation.

Here are some examples of when a judge will make major changes to a Parenting Plan:

- The children have gone to live with one parent for a long time with the permission of the parent who has custody under the Parenting Plan.
- The parent who doesn't want the change has been held in contempt of court at least twice in 3 years, or has been convicted of interfering with the other parent's custody or visitation.
- The present custody situation is physically or emotionally harmful to the children.

The judge can make smaller (**minor**) changes to a final Parenting Plan more easily. **For example**, a judge can make minor changes to the amount of time or certain days the children spend with either parent if it's in the children's best interests.

## 9. Moving (Relocation)

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Once you have a Final Parenting Plan, you can probably legally move away with the children if you do what the Parenting Plan says. All Parenting Plans have a section on moving with the children that summarizes state law:

- You usually must give the other parent notice beforehand. (There are a few exceptions to this.)
- You usually must give the other parent a chance to object to a move outside the school district.
- The other parent can ask the court to change your Parenting Plan, including who the children live with, if you ask to move the children outside of the school district.

## 10. Parenting Plan form

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Form attached:

**Parenting Plan** (FL All Family 140)

You may need more than just the Parenting Plan form.

Answer a few questions on [Get Family and Safety Forms](#) to get the right forms for your situation.

**WashingtonLawHelp.org** gives general information. It is not legal advice. Find organizations that provide free legal help on our [Get legal help](#) page.

Superior Court of Washington, County of \_\_\_\_\_

In re:

Petitioner/s (*person/s who started this case*):

\_\_\_\_\_

And Respondent/s (*other party/parties*):

\_\_\_\_\_

No. \_\_\_\_\_

**Parenting Plan**  
(PPP/PPT/PP)

**Clerk's Action Required: 1**

**Parenting Plan**

1. This parenting plan is a (*check one*):
- Proposal** (request) by a parent (*name/s*): \_\_\_\_\_  
It is not a signed court order. (PPP)
  - Court order** signed by a judge or commissioner. This is a (*check one*):
    - Temporary order. (PPT)
    - Final order. (PP)
      - This final parenting plan changes the last final parenting plan.

2. **Children** – This parenting plan is for the following children:

Child's name	Age	Child's name	Age
1.		2.	
3.		4.	
5.		6.	

3. **Limitations on a parent** (under RCW 26.09.191 or .192)
- a. **Abandonment by a parent, or child abuse, domestic violence, or assault by a parent or a person living with a parent.** (*Check one.*)
    - Neither parent (or person living with a parent) has any of these problems. (*Skip to 3.b.*)
    - A parent, or person living with a parent, has one or more of these problems.  
(*Complete Attachment A.*)

- b. Other problems that may harm the children’s best interests or interfere with the performance of parenting functions.** These problems could include neglect, emotional or physical problems, substance abuse, lack of emotional ties, abusive use of conflict, withholding the child, or other problems. (*Check one.*)
- Neither parent has any of these problems. (*Skip to 3.c.*)
  - A parent has one or more of these problems. (*Complete Attachment A.*)
- c. Sex offense or sexual abuse of a child including abuse by a parent or a person living with a parent.** (*Check one.*)
- Neither parent (or person living with a parent) has any of these problems. (*Skip to 4.*)
  - A parent, or person living with a parent, has one or more of these problems. (*Complete Attachments A and B.*)

*If no limitations apply in 3.a., 3.b., or 3.c., remove and don’t complete Attachments A, B, and C.*

**4. Custodian**

The custodian is (*name*): \_\_\_\_\_ solely for the purpose of all state and federal statutes which require a designation or determination of custody. Even though one parent is called the custodian, this does not change the parenting rights and responsibilities described in this plan.

*Washington law generally refers to parenting time and decision-making, rather than custody. However, some state and federal laws require that one person be named the custodian. The custodian is the person with whom the children are scheduled to reside a majority of their time.*

**5. Parenting Time Schedule Attachments (*Residential Provisions*)**

**Important!** *You must include at least one of Attachments R, A, or B to this plan. The schedule for where your children will spend time is in the attachments. The court should not sign a parenting plan without at least one of these attachments.*

The court orders the parenting time in (*check only one*):

- Residential Schedule** as described in **Attachment R**.
- No contact or limited schedule only.** The children live with (*name*): \_\_\_\_\_. Contact with the other parent is described in (*check one*):
  - Attachment A.**
  - Attachment B.**

**6. Decision-making**

When the children are with you, you are responsible for them. You can make day-to-day decisions for the children when they are with you, including decisions about safety and emergency healthcare.

Major decisions must be made as follows (*check one*):

- As described in **Attachment A.** (*Skip to 7.*)
- As ordered below. (*Complete 6.a. and 6.b.*)

**a. Who can make major decisions about the children?**

Type of Major Decision	Joint (parents make these decisions together)	Limited (only the parent named below has authority to make these decisions)
School/Educational	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Healthcare (not emergency)	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):

**Important!** Parenting involves decision-making in many areas. If you believe there are other decisions that are important to your family, list them under "Other" above. Some examples include: extracurricular activities, international travel, cell phones, driver's licenses, tattoos, and haircuts.

**b. Reasons for limits on major decision-making, if any:**

- There are no reasons to limit major decision-making.
- Major decision-making **should** be limited because (check all that apply):
  - Both parents are against shared decision-making.
  - One of the parents does not want to share decision-making and this is reasonable because of:
    - the history of each parent's participation in decision-making.
    - the parents' ability and desire to cooperate with each other in decision-making.
    - the distance between the parents' homes makes it hard to make timely decisions together.

**7. Dispute Resolution**

**Important!** After this parenting plan is signed by a judge or commissioner, if you and the other parent disagree about shared decisions or what parts of this plan mean, the court may require you to use a dispute resolution provider before going back to court. If a dispute resolution provider is checked below, the parents may, and sometimes must, use this provider before filing a Petition to Change a Parenting Plan or a Motion for Contempt for not following the plan. Check your county's Local Court Rules.

Dispute resolution must occur as follows (check one):

- As described in **Attachment A**. (Skip to 8.)
- As ordered below. (Complete 7.a. and 7.b.)

**a. The parents will go to (check one):**

- The dispute resolution provider below (before they may go to court):
  - Mediation (mediator or agency name): \_\_\_\_\_
  - Arbitration (arbitrator or agency name): \_\_\_\_\_



Counseling (*counselor or agency name*): \_\_\_\_\_

If a dispute resolution provider is not named above or if the named provider is no longer available, the parents may agree on a provider or ask the court to name one.

**Important!** Unless there is an emergency, the parents must participate in the dispute resolution process listed above in good faith, before going to court for disagreements about joint decisions or what parts of this plan mean. This section does **not** apply to disagreements about money or support.

Court (without having to go to mediation, arbitration, or counseling).  
(If you check this box, skip to **8** below and do not fill out **7.b.**)

**b.** If mediation, arbitration, or counseling is required, one parent must notify the other parent by (*check one*):  certified mail  other (*specify*): \_\_\_\_\_.

The parents will pay for the mediation, arbitration, or counseling services as follows (*check one*):

(*Name*): \_\_\_\_\_ will pay \_\_\_\_\_ %,

(*Name*): \_\_\_\_\_ will pay \_\_\_\_\_ %.

based on each parents' Proportional Share of Income (percentage) from line 6 of the *Child Support Worksheet*.

as decided through the dispute resolution process.

**What to expect in the dispute resolution process:**

- Preference shall be given to carrying out the parenting plan.
- If you reach an agreement, it must be put into writing, signed, and both parents must get a copy.
- If the court finds that you have used or frustrated the dispute resolution process without a good reason, the court can order you to pay financial sanctions (penalties) including the other parent's legal fees.
- You may go back to court if the dispute resolution process doesn't solve the disagreement or if you disagree with the arbitrator's decision.

**8. Transportation Arrangements**

Does not apply. **Attachment A** or **B** provides for no residential time.

The children will be exchanged for parenting time (picked up and dropped off) at:

each parent's home

school or daycare, when in session

other location (*specify*): \_\_\_\_\_

Who is responsible for arranging transportation?

The **picking up** parent – The parent who is about to **start** parenting time with the children must arrange to have the children picked up.

- The **dropping off** parent – The parent whose parenting time is **ending** must arrange to have the children dropped off.

Other details (if any): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**9. Moving with the Children (Relocation)**

Anyone with majority or substantially equal residential time (at least 45 percent) who wants to move with the children **must notify** every other person who has court-ordered time with the children.

***Move to a different school district***

If the move is to a different school district, the relocating person must complete the form *Notice of Intent to Move with Children* (FL Relocate 701) and deliver it at least **60 days** before the intended move.

*Exceptions:*

- If the relocating person could not reasonably have known enough information to complete the form in time to give 60 days' notice, they must give notice within **5 days** after learning the information.
- If the relocating person is relocating to a domestic violence shelter or moving to avoid a clear, immediate, and unreasonable risk to health or safety, notice may be delayed **21 days**.
- If information is protected under a court order or the address confidentiality program, it may be withheld from the notice.
- A relocating person who believes that giving notice would put themselves or a child at unreasonable risk of harm, may ask the court for permission to leave things out of the notice or to be allowed to move without giving notice. Use form *Motion to Limit Notice of Intent to Move with Children (Ex Parte)* (FL Relocate 702).

The *Notice of Intent to Move with Children* can be delivered by having someone personally serve the other party or by any form of mail that requires a return receipt.

If the relocating person wants to change the *Parenting Plan* because of the move, they must deliver a proposed *Parenting Plan* together with the *Notice*.

***Move within the same school district***

If the move is within the *same* school district, the relocating person still has to let the other parent know. However, the notice does not have to be served personally or by mail with a return receipt. Notice to the other party can be made in any reasonable way. No specific form is required.

***Warning! If you do not notify...***

A relocating person who does not give the required notice may be found in contempt of court. If that happens, the court can impose sanctions. Sanctions can include requiring the relocating person to bring the children back if the move has already happened and ordering the relocating person to pay the other side's costs and lawyer's fees.

## ***Right to object***

A person who has court-ordered time with the children can object to a move to a different school district and/or to the relocating person's proposed *Parenting Plan*. If the move is within the same school district, the other party doesn't have the right to object to the move, but they may ask to change the *Parenting Plan* if there are adequate reasons under the modification law (RCW 26.09.260).

An objection is made by filing the *Objection about Moving with Children and Petition about Changing a Parenting/Custody Order (Relocation)* (form FL Relocate 721). File your *Objection* with the court and serve a copy on the relocating person and anyone else who has court-ordered time with the children. Service of the *Objection* must be by personal service or by mailing a copy to each person by any form of mail that requires a return receipt. The *Objection* must be filed and served no later than **30 days** after the *Notice of Intent to Move with Children* was received.

## ***Right to move***

During the 30 days after the *Notice* was served, the relocating person may not move to a different school district with the children unless they have a court order allowing the move.

After the 30 days, if no *Objection* is filed, the relocating person may move with the children without getting a court order allowing the move.

After the 30 days, if an *Objection* has been filed, the relocating person may move with the children **pending** the final hearing on the *Objection unless*:

- The other party gets a court order saying the children cannot move, or
- The other party has scheduled a hearing to take place no more than 15 days after the date the *Objection* was served on the relocating person. (However, the relocating person may ask the court for an order allowing the move even though a hearing is pending if the relocating person believes that they or a child are at unreasonable risk of harm.)

The court may make a different decision about the move at a final hearing on the *Objection*.

## ***Parenting Plan after move***

If the relocating person served a proposed *Parenting Plan* with the *Notice*, **and** if no *Objection* is filed within 30 days after the *Notice* was served (or if the parties agree):

- Both parties may follow that proposed plan without being held in contempt of the *Parenting Plan* that was in place before the move. However, the proposed plan cannot be enforced by contempt unless it has been approved by a court.
- Either party may ask the court to approve the proposed plan. Use form *Ex Parte Motion for Final Order Changing Parenting Plan – No Objection to Moving with Children* (FL Relocate 706).

## ***Forms***

You can find forms about moving with children at:

- The Washington State Courts' website: [www.courts.wa.gov/forms](http://www.courts.wa.gov/forms),
- Washington Law Help: [www.washingtonlawhelp.org](http://www.washingtonlawhelp.org), or

- The Superior Court Clerk's office or county law library (for a fee).

*(This is a summary of the law. The complete law is in RCW 26.09.430 through 26.09.480.)*

**10. Other**

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**11. Proposal**

- Does not apply. This is a court order.
- This is a **proposed** (requested) parenting plan. *(The parent/s requesting this plan must read and sign below.)*

I declare under penalty of perjury under the laws of the State of Washington that this plan was proposed in good faith and that the information in **Attachment A** and **B** (if any) is true.



\_\_\_\_\_  
*Parent requesting plan signs here*

\_\_\_\_\_  
*Signed at (city and state)*



\_\_\_\_\_  
*Other parent requesting plan (if agreed) signs here*

\_\_\_\_\_  
*Signed at (city and state)*

**12. Court Order**

- Does not apply. This is a proposal.
- This is a court order (if signed by a judge or commissioner below).

**Findings of Fact** – Based on the pleadings and any other evidence considered:

- The Court adopts as its findings the statements in:
  - Attachment A**
  - Attachment B**
- The Court makes additional findings which are:
  - contained in an order or findings of fact entered at the same time as this *Parenting Plan*.
  - other: \_\_\_\_\_

**Conclusions of Law** – This *Parenting Plan* is in the best interest of the children.

- Other: \_\_\_\_\_

**Order** – The parties must follow this *Parenting Plan* including any attachments.

\_\_\_\_\_  
*Date*

 \_\_\_\_\_  
*Judge or Commissioner signs here*

**Warning!** If you do not follow this *Parenting Plan*, the court may find you in contempt (RCW 26.09.160). You still have to follow this *Parenting Plan* even if the other parent doesn't.

Violation of **residential** provisions of this order with actual knowledge of its terms is punishable by contempt of court and may be a criminal offense under RCW 9A.40.060(2) or 9A.40.070(2). Violation of this order may subject a violator to arrest.

**If this is a court order, the parties and/or their lawyers (and any GAL) sign below.**

This order (*check any that apply*):

- is an agreement of the parties.
- is presented by me.
- may be signed by the court without notice to me.

This order (*check any that apply*):

- is an agreement of the parties.
- is presented by me.
- may be signed by the court without notice to me.

▶ \_\_\_\_\_  
*Petitioner or lawyer signs here + WSBA #*

▶ \_\_\_\_\_  
*Respondent or lawyer signs here + WSBA #*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*

This order (*check any that apply*):

- is an agreement of the parties.
- is presented by me.
- may be signed by the court without notice to me.

This order (*check any that apply*):

- is an agreement of the parties.
- is presented by me.
- may be signed by the court without notice to me.

▶ \_\_\_\_\_  
*Other party or lawyer signs here + WSBA #*

▶ \_\_\_\_\_  
*Other party or Guardian ad Litem signs here*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*

---

## Attachment A: Limitations

**Only complete** this attachment if your Parenting Plan involves limitations on a parent under RCW 26.09.191 or .192. **If not**, remove this attachment.

### 1. Reasons for putting limitations on a parent (under RCW 26.09.191 or .192)

#### a. Abandonment by a parent, or child abuse, domestic violence, assault, sex offense, or sexual abuse of a child by a parent or a person living with a parent.

*If a parent has any of these problems, the court **must** limit that parent's contact with the children and that parent's right to make decisions for the children, and may not require dispute resolution other than court unless the court makes the required findings in 3. See definitions at the end of this attachment.*

- Neither parent has any of these problems.
- A parent has one or more of these problems as follows (*check all that apply*):
  - Abandonment** – (*Parent's name*): \_\_\_\_\_ intentionally abandoned a child in this case for an extended time.
  - Child Abuse** – (*Parent's name*): \_\_\_\_\_ (or someone living in that parent's home) abused or threatened to abuse a child. The abuse was (*check all that apply*):
    - physical
    - repeated emotional abuse.
  - Domestic Violence** – (*Parent's name*): \_\_\_\_\_ (or someone living in that parent's home) has a history of domestic violence as defined in RCW 7.105.010.
  - Assault** – (*Parent's name*): \_\_\_\_\_ (or someone living in that parent's home) has assaulted someone causing grievous physical harm or causing fear of such harm, or sexually assaulted someone.
  - Sex offense or sexual abuse of a child** by a parent or a person living with a parent. (*Also complete Attachment B.*)

#### b. Other problems that may harm the children's best interests or interfere with the performance of parenting functions. These problems could include neglect, emotional or physical problems, substance abuse, lack of emotional ties, abusive use of conflict, withholding the child, or other problems.

*If a parent has any of these problems, the court **may** limit that parent's contact with the children and that parent's right to make decisions for the children.*

- Neither parent has any of these problems.
- A parent has one or more of these problems as follows (*check all that apply*):
  - Neglect** – (*Parent's name*): \_\_\_\_\_ neglected their parental duties towards a child in this case.
  - Emotional or physical problem** – (*Parent's name*): \_\_\_\_\_ has a long-term emotional or physical problem that interferes with their performance of parenting functions.

- Substance Abuse** – (Parent’s name): \_\_\_\_\_  
has a long-term problem with drugs, alcohol, or other substances that interferes with their performance of parenting functions.
- Lack of emotional ties** – (Parent’s name): \_\_\_\_\_  
has few or no emotional ties with a child in this case.
- Abusive use of conflict** – (Parent’s name): \_\_\_\_\_  
has engaged in ongoing and deliberate actions to misuse conflict.
- Withholding the child** – (Parent’s name): \_\_\_\_\_  
has kept the other parent away from a child in this case for a long time, without a good reason. Withholding does not include protective actions taken by a parent in good faith for the legitimate and lawful purpose of protecting themselves or the parent’s child from the risk of harm posed by the other parent.
- Other (specify):** \_\_\_\_\_  
\_\_\_\_\_

**2. If limitations apply to both parents**

*When limitations apply to both parents, the court must compare the risks and may make an exception in applying mandatory limitations based on 1.a. When reasons for mandatory limitations in 1.a. apply to one parent and discretionary limitations in 1.b. apply to another parent, the court **must prioritize** the mandatory limitations when limiting the residential schedule, decision making, and dispute resolution. If the court does not prioritize the mandatory limitations, the court must make detailed written findings why not. RCW 26.09.191(7).*

- Does not apply.
- There are reasons for putting limitations on both parents. The court makes the following findings about the comparative risk of harm to the children posed by each parent, including any decision not to impose limitations or not to prioritize mandatory limitations (*detailed written findings required*):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3. Limitations on a parent**

*Limitations shall be reasonably calculated to protect the children and the other parent from the physical, sexual, or emotional abuse or harm that could result from contact with the limited parent.*

- The following limits or conditions apply to** (parent’s name): \_\_\_\_\_  
\_\_\_\_\_ (check all that apply):
- Use **Attachment B** if the court found sex offense or sexual abuse of a child (*skip to 4.*).

- No contact** with the children. Limitations on the residential time with the children will not adequately protect the children from the harm or abuse that could result from contact.
- Limited contact** as shown in the Parenting Time Schedule (**Attachment R**).
- Limited contact** as follows (*specify schedule, list all contact here instead of in the Residential Schedule*): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- Supervised contact.** All parenting time shall be supervised. Any costs of supervision must be paid by (*name*): \_\_\_\_\_

Supervision shall be (*check one*):

- Professional, by (*name or agency*): \_\_\_\_\_
- Non-professional. A non-professional supervisor is allowed because they have shown through sworn testimony and evidence of past interactions with children that they are capable and committed to protecting the children from physical or emotional abuse or harm; and

The parent cannot use professional supervision because (*check all that apply*):

- Geographic isolation or other factors make professionally supervised visitation inaccessible.
- They cannot pay for professional supervision. The parent has a GR 34 fee waiver or shown other evidence of financial indigency.

The non-professional supervisor/s shall be (*name/s*): \_\_\_\_\_  
 \_\_\_\_\_

**Dates and times** of supervised contact (*check one*):

- As shown in the Parenting Time Schedule (**Attachment R**).
- As arranged by the supervisor for up to \_\_\_ hour/s per visit, up to \_\_\_ visits per (*frequency*): \_\_\_\_\_
- As follows (*specify*): \_\_\_\_\_  
 \_\_\_\_\_

**Location** – The supervised contact will occur (*check all that apply*):

- in public location/s (*specify*): \_\_\_\_\_  
 \_\_\_\_\_
- in the supervised parent’s home
- at the supervised visitation facility
- other (*specify*): \_\_\_\_\_  
 \_\_\_\_\_

**(Important! Put transportation arrangements in Parenting Plan section 8.)**



**Specific rules** for supervised contact:

- Follow the rules in **Attachment C**.
- Other: \_\_\_\_\_

**Important!** No visits shall take place until the supervised parent and supervisor (or professional supervision program representative) have signed the Supervised Visitation Acknowledgment, FL All Family 141, confirming that they have read the court orders and the rules for supervised visitation and agree to follow them.

- Other limitations or conditions** during parenting time (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**No limitations despite reasons**

There is **clear and convincing evidence** for no limitations on a parent even though there are reasons for limitations checked in **1.a.** above, considering the following factors:

- Any current risk posed by the parent to the physical or psychological well-being of the child or other parent;  
(*Express findings*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Whether a parent has demonstrated that they can and will prioritize the child's physical and psychological well-being;  
(*Express findings*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Whether a parent has followed and is likely to follow court orders;  
(*Express findings*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Whether a parent has genuinely acknowledged past harm and is committed to avoiding harm in the future; and  
(*Express findings*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- A parent's compliance with previously court-ordered treatment. A parent's compliance with the requirements for participation in a treatment program does not, by itself, constitute evidence that the parent has made the requisite changes.  
(*Express findings*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Other findings, if any): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**4. Evaluation or treatment**

- Not required.
- (Name): \_\_\_\_\_ must (check all that apply):
  - be evaluated for: \_\_\_\_\_ with collateral input from the other parent. Any evaluation report that does not include collateral input must include details as to why and attempts made to obtain collateral input.
  - start (or continue) and comply with treatment:
    - as recommended by the evaluation.
    - as follows (specify kind of treatment and any other details): \_\_\_\_\_
  - provide a copy of the evaluation and compliance reports (specify details): \_\_\_\_\_

If this parent does not follow the evaluation or treatment requirements above, then (what happens): \_\_\_\_\_  
 \_\_\_\_\_

**5. Decision-making**

When the children are with you, you are responsible for them. You can make day-to-day decisions for the children when they are with you, including decisions about safety and emergency healthcare. Major decisions must be made as follows:

**a. Who can make major decisions about the children?**

Type of Major Decision	Joint <i>(parents make these decisions together)</i>	Limited <i>(only the parent named below has authority to make these decisions)</i>
School/Educational	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Healthcare (not emergency)	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):
Other:	<input type="checkbox"/>	<input type="checkbox"/> (Name):

**Important!** Parenting involves decision-making in many areas. If you believe there are other decisions that are important to your family, list them under "Other" above. Some examples include: extracurricular activities, international travel, cell phones, driver's licenses, tattoos, and haircuts.

**b. Reasons to limit major decision-making, if any**

- No limits** (check one):

- Neither parent has any of the problems described in **1.a.** above, and the court finds no reason to limit major decision-making.
- Even though a parent has problems as described in **1.a.** above, the court made detailed findings of **clear and convincing evidence not to impose limitations in 3** above.
- Limits** (*check all that apply*):
  - Major decision-making **must** be limited because of the problems in **1.a.** above.
  - Major decision-making **should** be limited because (*check all that apply*):
    - Both parents are against shared decision-making.
    - One of the parents does not want to share decision-making and this is reasonable because of:
      - problems as described in **1.b.** above.
      - the history of each parent's participation in decision-making.
      - the parents' ability and desire to cooperate with each other in decision-making.
      - the distance between the parents' homes makes it hard to make timely decisions together.
  - There are reasons to limit **both parents'** decision-making. The court made detailed findings about the comparative risk in **2** above.

## 6. Dispute Resolution

**Important!** After this parenting plan is signed by a judge or commissioner, if you and the other parent disagree about shared decisions or what parts of this plan mean, the court may require you to use a dispute resolution provider before going back to court. If there are limitations in **1.a.**, the court may only require dispute resolution other than court if the court makes the required findings in **3**. If a dispute resolution provider is checked below, the parents may, and sometimes must, use this provider before filing a Petition to Change a Parenting Plan or a Motion for Contempt for not following the plan. Check your county's Local Court Rules.

### a. The parents will go to (*check one*):

- The dispute resolution provider below (before they may go to court):
  - Mediation (*mediator or agency name*): \_\_\_\_\_
  - Arbitration (*arbitrator or agency name*): \_\_\_\_\_

If there is a domestic violence finding in **1.a.** above, arbitration may proceed without an additional *Order Allowing or Terminating Arbitration-At Risk Party*, form FL All Family 193, as long as reasonable procedures are in place to protect the party from risk of harm, harassment, or intimidation. RCW 26.14.110.

- Counseling (*counselor or agency name*): \_\_\_\_\_

If a dispute resolution provider is not named above or if the named provider is no longer available, the parents may agree on a provider or ask the court to name one.

**Important!** Unless there is an emergency, the parents must participate in the dispute resolution process listed above in good faith, before going to court for disagreements about joint decisions or what parts of this plan mean. This section does **not** apply to disagreements about money or support.

- Court (without having to go to mediation, arbitration, or counseling).  
(If you check this box, don't fill out 6.b.)

b. If mediation, arbitration, or counseling is required, one parent must notify the other parent by (check one):  certified mail  other (specify): \_\_\_\_\_.

The parents will pay for the mediation, arbitration, or counseling services as follows (check one):

- (Name): \_\_\_\_\_ will pay \_\_\_\_\_%,  
(Name): \_\_\_\_\_ will pay \_\_\_\_\_%.

- based on each parents' Proportional Share of Income (percentage) from line 6 of the *Child Support Worksheet*.

- as decided through the dispute resolution process.

**What to expect in the dispute resolution process:**

- Preference shall be given to carrying out the parenting plan.
- If you reach an agreement, it must be put into writing, signed, and both parents must get a copy.
- If the court finds that you have used or frustrated the dispute resolution process without a good reason, the court can order you to pay financial sanctions (penalties) including the other parent's legal fees.
- You may go back to court if the dispute resolution process doesn't solve the disagreement or if you disagree with the arbitrator's decision.

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**Definitions For Limitations in Parenting Plans (RCW 26.09.191):**

**"Abusive Use of Conflict"** refers to a party engaging in ongoing and deliberate actions to misuse conflict. This includes, but is not limited to:

- (a) Repeated bad faith violations of court orders regarding the child or the protection of the child or other parent;
- (b) credible threats of physical, emotional, or financial harm to the other parent or to family, friends, or professionals providing support to the child or other parent;
- (c) intentional use of the child in conflict; or
- (d) abusive litigation as defined in RCW 26.51.020.

Litigation that is aggressive or improper but does not meet the definition of abusive litigation shall not constitute a basis for finding abusive use of conflict. Protective actions, as defined below, shall not constitute a basis for a finding of abusive use of conflict.

**"Child"** shall also mean "children."

**"Knowingly"** means knows or reasonably should know.

**"Parenting functions"** means those aspects of the parent-child relationship in which the parent makes

decisions and performs functions necessary for the care and growth of the child. Parenting functions include:

- (a) Maintaining a loving, stable, consistent, and nurturing relationship with the child;
- (b) Attending to the daily needs of the child, such as feeding, clothing, physical care and grooming, supervision, health care, and day care, and engaging in other activities which are appropriate to the developmental level of the child and that are within the social and economic circumstances of the particular family;
- (c) Attending to adequate education for the child, including remedial or other education essential to the best interests of the child;
- (d) Assisting the child in developing and maintaining appropriate interpersonal relationships;
- (e) Exercising appropriate judgment regarding the child's welfare, consistent with the child's developmental level and the family's social and economic circumstances; and
- (f) Providing for the financial support of the child.

**“Protective actions”** are actions taken by a parent in good faith for the purpose of protecting themselves or the parent’s child from the risk of harm posed by the other parent. “Protective actions” can include, but are not limited to:

- (a) Reports or complaints regarding physical, sexual, or mental abuse of a child or child neglect to an individual or entity connected to the provision of care or safety of the child such as law enforcement, medical professionals, therapists, schools, day cares, or child protective services;
- (b) seeking court orders changing residential time; or
- (c) petitions for protection or restraining orders.

**“Sex offense against a child”** means any of the following offenses involving a child victim:

- (a) Any sex offense as defined in RCW 9.94A.030;
- (b) any offense with a finding of sexual motivation;
- (c) any offense in violation of chapter 9A.44 RCW other than RCW 9A.44.132;
- (d) any offense involving the sexual abuse of a minor, including any offense under chapter 9.68A RCW; or
- (e) any federal or out-of-state offense comparable to any offense under (a) through (d).

**“Willful abandonment”** has occurred when the child’s parent has expressed, either by statement or conduct, an intent to forego, for an extended period, parental rights or responsibilities despite an ability to exercise such rights and responsibilities. “Willful abandonment” does not include a parent who has been unable to see the child due to circumstances that include, but are not limited to: incarceration, deportation, inpatient treatment, medical emergency, fleeing to an emergency shelter or domestic violence shelter, or withholding of the child by the other parent.

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## Attachment B: Sex Offense or Sexual Abuse of a Child

**Only complete** this attachment if your Parenting Plan involves these limitations in RCW 26.09.192. **If not**, remove this attachment.

### 1. Sexually violent predator (RCW 26.09.192(\*))

- Does not apply.
- (*Parent's name*): \_\_\_\_\_ has been found to be a sexually violent predator. The court **must** order no contact with the children.
- Another person (*name*): \_\_\_\_\_ who lives in (*parent's name*): \_\_\_\_\_'s home has been found to be a sexually violent predator. The court **must** order no contact **except** contact that occurs outside the predator's presence.

### 2. Child sexual abuse by a parent (RCW 26.09.192(\*))

- Does not apply.
- (*Parent's name*): \_\_\_\_\_ has sexually abused a child.
  - Criminal conviction** – This parent has been convicted as an adult of a sex offense against a child (their own or others). (*Check one.*)
    - The court **must** order no contact with the children.
    - This parent has **rebutted** the presumption of no contact. The court finds based on **clear and convincing evidence**: (*Check all that apply. Provide written findings below per RCW 26.09.192(\*).*)
      - (*Children's names*): \_\_\_\_\_ were **not** the victim/s of the sex offense committed by this parent **and** both these are true:
        - Contact between the child and the offending parent is appropriate and poses minimal risk to the child.
        - The offending parent has provided documentation that they have successfully completed treatment for sex offenders or are engaged in and making progress in such treatment, if any was ordered by a court.
      - (*Children's names*): \_\_\_\_\_ **were** the victim/s of the sex offense committed by this parent **and all** these are true:
        - Contact between the child and the offending parent is appropriate and poses minimal risk to the child.
        - If the child is in or has been in therapy for victims of sexual abuse, the child's counselor believes such contact between the child and the offending parent is in the child's best interest.
        - The offending parent has provided documentation that they have successfully completed treatment for sex offenders or are engaged in and making progress in such treatment, if any was ordered by a court.

- Civil finding** – The parent has sexually abused a child covered by this Parenting Plan as found by a preponderance of the evidence in a dependency or family law action, including this one (*check one*).
  - The court **must** order no contact with the child.
  - This parent has **rebutted** the presumption of no contact. An evaluator or the child’s therapist recommends that the child is ready for contact and will not be harmed by the contact. (*Provide written findings per RCW 26.09.192(\*)*.)

**Written findings:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**3. Parent lives with someone who has sexually abused a child (RCW 26.09.192(\*)**

- Does not apply.
- Another person (*name*): \_\_\_\_\_ who lives in (*parent’s name*): \_\_\_\_\_’s home has sexually abused a child. (*Check all that apply*):
  - Criminal conviction** – This person has been convicted as an adult of a sex offense against a child **or** as a juvenile adjudicated of a sex offense against a child at least eight years younger. (*Check one*.)
    - The court **must** order no contact **except** contact that occurs outside the offender’s presence.
    - This parent has **rebutted** the presumption of no contact in the offender’s presence. The court finds based on **clear and convincing evidence**: (*Check all that apply. Provide written findings below per RCW 26.09.192(\*)*.)
      - (*Children’s names*): \_\_\_\_\_ were **not** the victim/s of the sex offense committed by this person **and** both these are true:
        - Contact between the child and the parent who lives with this person is appropriate and that parent is able to protect the child in the presence of this person.
        - This person has provided documentation that they have successfully completed treatment for sex offenders or are engaged in and making progress in such treatment, if any was ordered by a court.
      - (*Children’s names*): \_\_\_\_\_ were the victim/s of the sex offense committed by this person **and all** these are true:
        - Contact between the child and the parent in the presence of this person is appropriate and poses minimal risk to the child.

- If the child is in or has been in therapy for victims of sexual abuse, the child's counselor believes such contact between the child and the parent in the presence of this person is in the child's best interest.
  - This person has provided documentation that they have successfully completed treatment for sex offenders or are engaged in and making progress in such treatment, if any was ordered by a court.
- Civil finding** – This person has been found to have sexually abused a child by a preponderance of the evidence in a dependency or family law action, including this one. (*Check one.*)
- The court **must** order no contact.
  - This parent has **rebutted** the presumption. They accept that the person engaged in the harmful conduct and the parent is willing to and capable of protecting the child from harm from the person. (*Provide written findings below per RCW 26.09.192(\*).*)

**Written findings:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**4. Limitations on a parent**

The following limits or conditions apply to (*parent's name*): \_\_\_\_\_  
 (*check all that apply*):

- No contact** with (*children's names*): \_\_\_\_\_.
- Limited contact** that must occur outside the presence of (*person named in 3 above*): \_\_\_\_\_.

**Dates and times** of this limited contact (*check one*):

- As shown in the Parenting Time Schedule (**Attachment R**).
- As follows (*specify*): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- Supervised contact** (*check one*):
  - All parenting time shall be supervised.
  - Parenting time in the presence of a person who sexually abused a child, (*name from 3 above*): \_\_\_\_\_, shall be supervised.

**Supervision shall be** (*check one*):

- Professional, by (*name or agency*): \_\_\_\_\_
- Non-professional. A non-professional supervisor is allowed because they have shown through sworn testimony and evidence of past interactions with children that



they are capable and committed to protecting the children from physical or emotional abuse or harm; and

The parent cannot use professional supervision because (*check all that apply*):

- Geographic isolation or other factors make professionally supervised visitation inaccessible.
- They cannot pay for professional supervision. The parent has a GR 34 fee waiver or shown other evidence of financial indigency.

The non-professional supervisor/s shall be (*name/s*): \_\_\_\_\_

*If supervision is only for contact in the presence of the person named in 3 above, the supervisor may be the parent if the court finds, based on the evidence, that the parent is willing and capable of protecting the child from harm.*

**Dates and times** of supervised contact (*check one*):

- As shown in the Parenting Time Schedule (**Attachment R**).
- As arranged by the supervisor for up to \_\_\_ hour/s per visit, up to \_\_\_ visits per (*frequency*): \_\_\_\_\_
- As follows (*specify*): \_\_\_\_\_

**Location** – The supervised contact will occur (*check all that apply*):

- in public location/s (*specify*): \_\_\_\_\_
- in the supervised parent's home
- at the supervised visitation facility
- other (*specify*): \_\_\_\_\_

**(Important! Put transportation arrangements in Parenting Plan section 8.)**

**Specific rules** for supervised contact:

- Follow the rules in **Attachment C**.
- Other: \_\_\_\_\_

**Important!** No visits shall take place until the supervised parent and supervisor (or professional supervision program representative) have signed the Supervised Visitation Acknowledgement, FL All Family 141, confirming that they have read the court orders and the rules for supervised visitation and agree to follow them.

- Unsupervised contact** (RCW 26.09.192(\*))

This parent may have unsupervised contact with (*children's names*): \_\_\_\_\_  
\_\_\_\_\_ because the court finds all these are true:

- The offending parent has rebutted the presumption against no contact and has exercised supervised residential time for at least **2 years** with no further arrests or convictions of sex offenses involving children.
- The sex offense of the offending parent was not committed against a child of the offending parent.
- Unsupervised contact between the child and the offending parent is appropriate and poses minimal risk to the child, after consideration of the testimony of a state-certified therapist, mental health counselor, or social worker with expertise in treating child sexual abuse victims who has supervised at least one period of residential time between the parent and the child, and after consideration of evidence of the offending parent's compliance with community supervision requirements, if any.
- If the offending parent was not ordered by a court to participate in treatment for sex offenders, then the parent shall obtain a psychosexual evaluation conducted by a certified sex offender treatment provider or a certified affiliate sex offender treatment provider indicating that the offender has the lowest likelihood of risk to reoffend before the court grants unsupervised contact between the parent and a child.

Other findings: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Dates and times** of unsupervised contact (*check one*):

- As shown in the Parenting Time Schedule (**Attachment R**).
- As follows (*specify*): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**5. Evaluation or treatment, decision-making, dispute resolution**

These issues are covered in **Attachment A**.

---

## Attachment C: Supervised Visitation Rules

**Only complete** this attachment if the court orders supervised contact and has selected these specific rules. **If not**, remove this attachment.

*Supervised visitation is to protect the children and the other parent from the physical, sexual, or emotional abuse or harm that could result from contact with the limited parent.*

### 1. The supervisor must be willing and able to (optional provisions check all that apply):

- ✓ Intervene and document any violations of these visitation rules
- ✓ End the visit if the children's physical or emotional safety is at risk or the parent will not follow the court order
- ✓ Be present for the entire visit and provide (*check one*):
  - strict supervision, where the supervisor is within the line of sight and range of hearing during the entire visit (including trips to the bathroom if adult assistance is needed).
  - monitoring supervision, where the supervisor is in the vicinity and immediately available, close enough to hear any raised voices and respond quickly and provide frequent (not necessarily constant) visual oversight.
- Transport the children to and from the visitation
- Prevent parents from coming into visual or audio contact with each other
- Keep parents' contact information confidential
- Other: \_\_\_\_\_

### 2. The supervised parent must (optional provisions check all that apply):

- ✓ Arrive and depart as requested by the supervisor
- ✓ Stay within the supervisor's line of sight and range of hearing at all times during court-ordered visits (unless the court orders otherwise)
- ✓ Ensure the visitation supervisor is able to hear all conversation with the children
- ✓ **Not** communicate with the children in a manner that the supervisor cannot understand or hear (such as whispering, using a foreign language, passing notes or pictures, texting)
- ✓ **Not** endanger or harm the children's physical, mental, or emotional health in any manner
- ✓ **Not** physically discipline the children
- ✓ **Not** make any derogatory, threatening, or disparaging remark to the children about any family member of the children
- ✓ **Not** discuss the legal proceedings with the children
- ✓ **Not** make any promises to the children about what the judge will decide
- Not** visit while under the influence of alcohol or any non-prescribed drug
- Not** bring any other person to the visit without the written agreement of the other parent and the visit supervisor
- Not** question the children about any family member of the children
- Not** change the children's diapers
- Not** bring any gifts unless approved in advance by the other parent and the visit supervisor
- Not** come within \_\_\_ feet of the following person/s during visitation exchanges:  
\_\_\_\_\_  
\_\_\_\_\_
- Other: \_\_\_\_\_

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## Attachment R: Parenting Time Schedule (Residential Provisions)

Complete this attachment **unless** all residential time is covered by **Attachment A** or **B**, or no contact is ordered. Otherwise, remove this attachment.

### 1. School Schedule

#### a. Children under school-age

- Does not apply. All children are school-age.
- The schedule for children under school-age is the same as for school-age children.
- Children under school-age are scheduled to live with (*name*): \_\_\_\_\_  
\_\_\_\_\_,  
except when they are scheduled to live with (*name*): \_\_\_\_\_ on  
(*check all that apply*):
- WEEKENDS:  every week  every other week  other (*specify*): \_\_\_\_\_  
from (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.  
from (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.
- WEEKDAYS:  every week  every other week  other (*specify*): \_\_\_\_\_  
from (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.  
from (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.
- OTHER (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Other (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### b. School-age children

This schedule will apply (*check one*):

- immediately.
- when the youngest child enters (*check one*):  Kindergarten  1st grade
- when the oldest child enters (*check one*):  Kindergarten  1st grade
- Other: \_\_\_\_\_

The children are scheduled to live with (*name*): \_\_\_\_\_,  
except when they are scheduled to live with (*name*): \_\_\_\_\_ on  
(*check all that apply*):

- WEEKENDS:  every week  every other week  other (*specify*): \_\_\_\_\_  
from (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (*day*) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

WEEKDAYS:  every week  every other week  other (specify): \_\_\_\_\_

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

OTHER (specify): \_\_\_\_\_

Other (specify): \_\_\_\_\_

## 2. Summer Schedule

Summer begins and ends  according to the school calendar.  as follows: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

The Summer Schedule is the **same** as the School Schedule. (*Skip to 3.*)

The Summer Schedule is the **same** as the School Schedule **except** that each parent shall spend \_\_\_\_\_ weeks of uninterrupted vacation time with the children each summer. The parents shall confirm their vacation schedules in writing by the end of (date) \_\_\_\_\_ each year. (*Skip to 3.*)

The Summer Schedule is **different** than the School Schedule. The Summer Schedule will begin the summer before (*check one*):  the youngest child  the oldest child  each child  
begins (*check one*):  Kindergarten  1st grade  Other: \_\_\_\_\_

During the summer the children are scheduled to live with (name): \_\_\_\_\_, except when they are scheduled to live with (name): \_\_\_\_\_ on (check all that apply):

WEEKENDS:  every week  every other week  other (specify): \_\_\_\_\_

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

WEEKDAYS:  every week  every other week  other (specify): \_\_\_\_\_

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

from (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m. to (day) \_\_\_\_\_ at \_\_\_\_:\_\_\_\_.m.

OTHER (specify): \_\_\_\_\_

**3. Holiday Schedule (includes school breaks and special occasions)**

- The Holiday Schedule is the **same** as the School and Summer Schedules above for all holidays, school breaks, and special occasions. (*Skip to 4.*)
- The children are scheduled to spend holidays, school breaks, and special occasions as follows:  
(*Check all that apply. Note any differences for children who have not yet started school.*)
  - Martin Luther King Jr. Day** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
    - Every year with (*name*): \_\_\_\_\_
    - With the parent who has the children for the attached weekend.
    - Other plan: \_\_\_\_\_
  - Presidents' Day** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
    - Every year with (*name*): \_\_\_\_\_
    - With the parent who has the children for the attached weekend.
    - Other plan: \_\_\_\_\_
  - Mid-winter Break** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
    - Every year with (*name*): \_\_\_\_\_
    - Each parent has the children for the half of break attached to their weekend. The children must be exchanged on Wednesday at (*time*): \_\_\_\_\_
    - Other plan: \_\_\_\_\_
  - Spring Break** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
    - Every year with (*name*): \_\_\_\_\_
    - Each parent has the children for the half of break attached to their weekend. The children must be exchanged on Wednesday at (*time*): \_\_\_\_\_
    - Other plan: \_\_\_\_\_
  - Mother's Day** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
    - Every year with (*name*): \_\_\_\_\_
    - Other plan: \_\_\_\_\_
  - Memorial Day** – Begins and ends (*day/time*): \_\_\_\_\_
    - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.

- Every year with (*name*): \_\_\_\_\_
- With the parent who has the children for the attached weekend.
- Other plan: \_\_\_\_\_
- Father's Day** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Other plan: \_\_\_\_\_
- Fourth of July** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Follow the Summer Schedule in section 2.
  - Other plan: \_\_\_\_\_
- Labor Day** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - With the parent who has the children for the attached weekend.
  - Other plan: \_\_\_\_\_
- Thanksgiving Day/Break** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Other plan: \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- Winter Break** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Other plan: \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- Christmas Eve/Day** – Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_

- Follow the Winter Break schedule above.
- Other plan: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- New Year's Eve/Day** – Begins and ends (*day/time*): \_\_\_\_\_  
 (*odd/even is based on New Year's Eve*)
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Follow the Winter Break schedule above.
  - Other plan: \_\_\_\_\_  
 \_\_\_\_\_

- All three-day weekends not listed elsewhere**  
 (*Federal holidays, school in-service days, etc.*)
  - The children shall spend any unspecified holiday or non-school day with the parent who has them for the attached weekend.
  - Other plan: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Important!** Families in Washington observe a broad range of religions and traditions. Your Parenting Plan can provide for how children will spend time on other significant days. (Examples: Eid, Passover, Easter, Chinese New Year, birthdays, etc.) Add lines as needed.

- Other occasion important to the family:** \_\_\_\_\_
  - Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Other plan: \_\_\_\_\_

- Other occasion important to the family:** \_\_\_\_\_
  - Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.
  - Every year with (*name*): \_\_\_\_\_
  - Other plan: \_\_\_\_\_

- Other occasion important to the family:** \_\_\_\_\_
  - Begins and ends (*day/time*): \_\_\_\_\_
  - Odd years with (*name*): \_\_\_\_\_; Even years with the other parent.



Every year with (*name*): \_\_\_\_\_

Other plan: \_\_\_\_\_

**4. Conflicts in Scheduling**

The Holiday Schedule must be observed over all other schedules. If there are conflicts within the Holiday Schedule (*check all that apply*):

Named holidays shall be followed before school breaks.

Children's birthday/s shall be followed before named holidays and school breaks.

Other (*specify*): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_