

# Federal Poverty Guidelines

## Author

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To qualify for some programs, such as free legal aid, court fee waivers, and public benefits, you might need a household income lower than a certain percentage of the **Federal Poverty Guidelines**. These guidelines depend on how much money your household makes before taxes, and how many people live in your house. You can find out if your household qualifies by checking out these charts, based on the U.S. Department of Health and Human Services federal poverty guidelines (<https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>).

## 1. 100% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 100% of<br>Poverty<br>Guidelines<br>Yearly Income | 100% of Poverty<br>Guidelines<br>Monthly Income | 100% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$ 15,650                                         | \$ 1,304                                        | \$ 301                                         |
| 2                                                           | \$ 21,150                                         | \$ 1,763                                        | \$ 407                                         |
| 3                                                           | \$ 26,650                                         | \$ 2,221                                        | \$ 513                                         |

| Number of people in<br>your household<br>(include yourself) | 100% of<br>Poverty<br>Guidelines<br>Yearly Income | 100% of Poverty<br>Guidelines<br>Monthly Income | 100% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 4                                                           | \$ 32,150                                         | \$ 2,679                                        | \$ 618                                         |
| 5                                                           | \$ 37,650                                         | \$ 3,138                                        | \$ 724                                         |
| 6                                                           | \$ 43,150                                         | \$ 3,596                                        | \$ 830                                         |
| 7                                                           | \$ 48,650                                         | \$ 4,054                                        | \$ 936                                         |
| 8                                                           | \$ 54,150                                         | \$ 4,513                                        | \$ 1,041                                       |
| More than 8                                                 | Add \$5,500<br>for each<br>additional<br>person   | Add \$458 for<br>each additional<br>person      | Add \$106 for<br>each additional<br>person     |

## 2. 110% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 110% of<br>Poverty<br>Guidelines<br>Yearly Income | 110% of Poverty<br>Guidelines<br>Monthly Income | 110% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$17,215                                          | \$1,434                                         | \$331                                          |
| 2                                                           | \$23,265                                          | \$1,939                                         | \$448                                          |
| 3                                                           | \$28,875                                          | \$2,443                                         | \$564                                          |
| 4                                                           | \$35,365                                          | \$2,947                                         | \$680                                          |
| 5                                                           | \$41,415                                          | \$3,452                                         | \$796                                          |
| 6                                                           | \$47,465                                          | \$3,956                                         | \$913                                          |

| Number of people in<br>your household<br>(include yourself) | 110% of<br>Poverty<br>Guidelines<br>Yearly Income | 110% of Poverty<br>Guidelines<br>Monthly Income | 110% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 7                                                           | \$53,515                                          | \$4,459                                         | \$1,030                                        |
| 8                                                           | \$59,565                                          | \$4,964                                         | \$1,145                                        |
| More than 8                                                 | Add \$6,050<br>for each<br>additional<br>person   | Add \$504 for<br>each additional<br>person      | Add \$117 for<br>each additional<br>person     |

### 3. 125% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 125% of<br>Poverty<br>Guidelines<br>Yearly Income | 125% of Poverty<br>Guidelines<br>Monthly Income | 125% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$ 19,563                                         | \$ 1,630                                        | \$ 376                                         |
| 2                                                           | \$ 26,438                                         | \$ 2,203                                        | \$ 508                                         |
| 3                                                           | \$ 33,313                                         | \$ 2,776                                        | \$ 641                                         |
| 4                                                           | \$ 40,188                                         | \$ 3,349                                        | \$ 773                                         |
| 5                                                           | \$ 47,063                                         | \$ 3,922                                        | \$ 905                                         |
| 6                                                           | \$ 53,938                                         | \$ 4,495                                        | \$ 1,037                                       |
| 7                                                           | \$ 60,813                                         | \$ 5,068                                        | \$ 1,169                                       |
| 8                                                           | \$ 67,688                                         | \$ 5,641                                        | \$ 1,302                                       |

| Number of people in<br>your household<br>(include yourself) | 125% of<br>Poverty<br>Guidelines<br>Yearly Income | 125% of Poverty<br>Guidelines<br>Monthly Income | 125% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$6,875<br>for each<br>additional<br>person   | Add \$573 for<br>each additional<br>person      | Add \$132 for<br>each additional<br>person     |

#### 4. 138% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 138% of<br>Poverty<br>Guidelines<br>Yearly Income | 138% of Poverty<br>Guidelines<br>Monthly Income | 138% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$ 21,597                                         | \$ 1,800                                        | \$ 415                                         |
| 2                                                           | \$ 29,187                                         | \$ 2,432                                        | \$ 561                                         |
| 3                                                           | \$ 36,777                                         | \$ 3,065                                        | \$ 707                                         |
| 4                                                           | \$ 44,367                                         | \$ 3,697                                        | \$ 853                                         |
| 5                                                           | \$ 51,957                                         | \$ 4,330                                        | \$ 999                                         |
| 6                                                           | \$ 59,547                                         | \$ 4,962                                        | \$ 1,145                                       |
| 7                                                           | \$ 67,137                                         | \$ 5,595                                        | \$ 1,291                                       |
| 8                                                           | \$ 74,727                                         | \$ 6,227                                        | \$ 1,437                                       |

| Number of people in<br>your household<br>(include yourself) | 138% of<br>Poverty<br>Guidelines<br>Yearly Income | 138% of Poverty<br>Guidelines<br>Monthly Income | 138% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$7,590<br>for each<br>additional<br>person   | Add \$633 for<br>each additional<br>person      | Add \$146 for<br>each additional<br>person     |

## 5. 187.5% of the 2025 Federal Poverty Guidelines

| Number of people in<br>your household<br>(include yourself) | 187.5% of<br>Poverty<br>Guidelines<br>Yearly Income | 187.5% of<br>Poverty<br>Guidelines<br>Monthly Income | 187.5% of<br>Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------|-----------------------------------------------------|
| 1                                                           | \$ 29,344                                           | \$ 2,445                                             | \$ 564                                              |
| 2                                                           | \$ 39,656                                           | \$ 3,305                                             | \$ 763                                              |
| 3                                                           | \$ 49,969                                           | \$ 4,164                                             | \$ 961                                              |
| 4                                                           | \$ 60,281                                           | \$ 5,023                                             | \$ 1,159                                            |
| 5                                                           | \$ 70,594                                           | \$ 5,883                                             | \$ 1,358                                            |
| 6                                                           | \$ 80,906                                           | \$ 6,742                                             | \$ 1,556                                            |
| 7                                                           | \$ 91,219                                           | \$ 7,602                                             | \$ 1,754                                            |
| 8                                                           | \$ 101,531                                          | \$ 8,461                                             | \$ 1,953                                            |

| Number of people in<br>your household<br>(include yourself) | 187.5% of<br>Poverty<br>Guidelines<br>Yearly Income | 187.5% of<br>Poverty<br>Guidelines<br>Monthly Income | 187.5% of<br>Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------|-----------------------------------------------------|
| More than 8                                                 | Add \$10,175<br>for each<br>additional<br>person    | Add \$848 for<br>each additional<br>person           | Add \$196 for<br>each additional<br>person          |

## 6. 200% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 200% of<br>Poverty<br>Guidelines<br>Yearly Income | 200% of Poverty<br>Guidelines<br>Monthly Income | 200% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$31,300                                          | \$2,608                                         | \$602                                          |
| 2                                                           | \$42,300                                          | \$3,525                                         | \$813                                          |
| 3                                                           | \$53,300                                          | \$4,442                                         | \$1,025                                        |
| 4                                                           | \$64,300                                          | \$5,358                                         | \$1,237                                        |
| 5                                                           | \$75,300                                          | \$6,275                                         | \$1,448                                        |
| 6                                                           | \$86,300                                          | \$7,192                                         | \$1,660                                        |
| 7                                                           | \$97,300                                          | \$8,108                                         | \$1,871                                        |
| 8                                                           | \$108,300                                         | \$9,025                                         | \$2,083                                        |

| Number of people in<br>your household<br>(include yourself) | 200% of<br>Poverty<br>Guidelines<br>Yearly Income | 200% of Poverty<br>Guidelines<br>Monthly Income | 200% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$11,000<br>for each<br>additional<br>person  | Add \$917 for<br>each additional<br>person      | Add \$212 for<br>each additional<br>person     |

## 7. 250% of the 2025 Federal Poverty Guidelines

| Number of people in<br>your household<br>(include yourself) | 250% of<br>Poverty<br>Guidelines<br>Yearly Income | 250% of Poverty<br>Guidelines<br>Monthly Income | 250% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$39,125                                          | \$3,260                                         | \$752                                          |
| 2                                                           | \$52,875                                          | \$4,406                                         | \$1,017                                        |
| 3                                                           | \$66,625                                          | \$5,552                                         | \$1,281                                        |
| 4                                                           | \$80,375                                          | \$6,698                                         | \$1,546                                        |
| 5                                                           | \$94,125                                          | \$7,844                                         | \$1,810                                        |
| 6                                                           | \$107,875                                         | \$8,990                                         | \$2,075                                        |
| 7                                                           | \$121,625                                         | \$10,135                                        | \$2,339                                        |
| 8                                                           | \$135,375                                         | \$11,281                                        | \$2,603                                        |

| Number of people in<br>your household<br>(include yourself) | 250% of<br>Poverty<br>Guidelines<br>Yearly Income | 250% of Poverty<br>Guidelines<br>Monthly Income | 250% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$13,750<br>for each<br>additional<br>person  | Add \$1,146 for<br>each additional<br>person    | Add \$264 for<br>each additional<br>person     |

## 8. 300% of the 2025 Federal Poverty Guidelines

| Number of people in<br>your household<br>(include yourself) | 300% of<br>Poverty<br>Guidelines<br>Yearly Income | 300% of Poverty<br>Guidelines<br>Monthly Income | 300% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$46,950                                          | \$3,913                                         | \$903                                          |
| 2                                                           | \$63,450                                          | \$5,288                                         | \$1,220                                        |
| 3                                                           | \$79,950                                          | \$6,663                                         | \$1,538                                        |
| 4                                                           | \$96,450                                          | \$8,038                                         | \$1,855                                        |
| 5                                                           | \$112,950                                         | \$9,413                                         | \$2,172                                        |
| 6                                                           | \$129,450                                         | \$10,788                                        | \$2,489                                        |
| 7                                                           | \$145,950                                         | \$12,163                                        | \$2,807                                        |
| 8                                                           | \$162,450                                         | \$13,538                                        | \$3,124                                        |

| Number of people in<br>your household<br>(include yourself) | 300% of<br>Poverty<br>Guidelines<br>Yearly Income | 300% of Poverty<br>Guidelines<br>Monthly Income | 300% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$16,500<br>for each<br>additional<br>person  | Add \$1,375 for<br>each additional<br>person    | Add \$317 for<br>each additional<br>person     |

## 9. 350% of the 2025 Federal Poverty Guidelines

| Number of people in<br>your household<br>(include yourself) | 350% of<br>Poverty<br>Guidelines<br>Yearly Income | 350% of Poverty<br>Guidelines<br>Monthly Income | 350% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$54,775                                          | \$4,565                                         | \$1,053                                        |
| 2                                                           | \$74,025                                          | \$6,169                                         | \$1,424                                        |
| 3                                                           | \$93,275                                          | \$7,773                                         | \$1,794                                        |
| 4                                                           | \$112,525                                         | \$9,377                                         | \$2,164                                        |
| 5                                                           | \$131,775                                         | \$10,981                                        | \$2,534                                        |
| 6                                                           | \$151,025                                         | \$12,585                                        | \$2,904                                        |
| 7                                                           | \$170,275                                         | \$14,190                                        | \$3,275                                        |
| 8                                                           | \$189,525                                         | \$15,794                                        | \$3,645                                        |

| Number of people in<br>your household<br>(include yourself) | 350% of<br>Poverty<br>Guidelines<br>Yearly Income | 350% of Poverty<br>Guidelines<br>Monthly Income | 350% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$19,250<br>for each<br>additional<br>person  | Add \$1,604 for<br>each additional<br>person    | Add \$370 for<br>each additional<br>person     |

## 10. 400% of the 2025 Federal Poverty Guidelines

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| Number of people in<br>your household<br>(include yourself) | 400% of<br>Poverty<br>Guidelines<br>Yearly Income | 400% of Poverty<br>Guidelines<br>Monthly Income | 400% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 1                                                           | \$62,600                                          | \$5,217                                         | \$1,204                                        |
| 2                                                           | \$84,600                                          | \$7,050                                         | \$1,627                                        |
| 3                                                           | \$106,600                                         | \$8,883                                         | \$2,050                                        |
| 4                                                           | \$128,600                                         | \$10,717                                        | \$2,473                                        |
| 5                                                           | \$150,600                                         | \$12,550                                        | \$2,896                                        |
| 6                                                           | \$172,600                                         | \$14,383                                        | \$3,319                                        |
| 7                                                           | \$194,600                                         | \$16,217                                        | \$3,742                                        |
| 8                                                           | \$216,600                                         | \$18,050                                        | \$4,165                                        |

| Number of people in<br>your household<br>(include yourself) | 400% of<br>Poverty<br>Guidelines<br>Yearly Income | 400% of Poverty<br>Guidelines<br>Monthly Income | 400% of Poverty<br>Guidelines<br>Weekly Income |
|-------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------|------------------------------------------------|
| More than 8                                                 | Add \$22,000<br>for each<br>additional<br>person  | Add \$1,833 for<br>each additional<br>person    | Add \$423 for<br>each additional<br>person     |

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